

Families of Peace



“The Practice of Peace
through People’s Diplomacy”



Special Honor from the Sioux Nation:
Chief Arvol Looking Horse

11 am, November 11, 2023 Honolulu, Hawai‘i
presented by the Zhou Enlai Peace Institute in support of United Nations International Peace Day

Families of Peace A Call to Leadership

November, 2023



This moment calls for **courageous, principled leadership**
in the practice of peace.

Throughout history, heroes have exemplified peace in their lives, often against great odds. Their leadership has blessed the world with indelible words, images and inspiration: **Martin Luther King, Queen Lili'uokalani, Nelson Mandela, Mahatma Gandhi, Mother Teresa, and Zhou Enlai.**



These great souls have opened up miracles and evolutionary leaps: freedom, justice, non-violence, compassion, forgiveness and vision.

Today we humbly celebrate, honor and remember these heroes for a new generation. We also project their principles forward into the future, and seek guidance in a world challenged for peace.

However. There's more:

These leaders were supported by strong families; they did not appear spontaneously or by chance, and they do not stand alone. They were products of their times, cultures and challenges. Their legacy is determined by how they were raised, educated, motivated and supported, both while alive and since their passing.

Our purpose today: to understand how strong families nurture heroes of peace.

What are the timeless qualities of family, friends, allies and community that made these events possible:



- a **Baptist preacher from Atlanta** becomes a beacon of equality for the world: *Dr. Martin Luther King, Jr.*
- a **student activist from a Transkei village** provides a vision of reconciliation and justice for the African continent: *President Nelson Mandela*
- a **young lawyer from Porbandar** leads India to independence through contemplation and non-violence: *Mahatma Gandhi*
- a **strong girl from Skopje North Macedonia** leads legions of people around the world in works of compassion and healing: *Mother Teresa*
- a **kānaka maoli lady of the original people of Hawai'i** overcomes imprisonment and the force of arms with forgiveness: *Queen Lili'uokalani*
- the **son of scholars in Huaian, China** helps lead his nation to independence and unity, through practice of the roots of peace: *Premier Zhou Enlai*

Through the words and stories of these families, we begin to understand the dynamics of the peacemaker -- in ourselves and our communities.



Special Recognition 2023: Chief Arvol Looking Horse

In addition to the six historic peace leaders described above, whose legacy is complete and well known, we have selected **Chief Arvol Looking Horse**, an important Traditional Spiritual Leader of the **Lakota, Dakota, and Nakota Oyate, known as the Great Sioux Nation**, for special recognition in 2023.

The mission of Chief Arvol Looking Horse is not yet concluded; it is still growing, and the significance of his presence, as the **19th Generation Keeper of the Sacred White Buffalo Calf Bundle**, is being recognized more and more. The importance of the role of the Indigenous Peoples in establishing and providing depth and insight to America and Canada grows, with Chief Arvol Looking Horse and many others leading the way in dignity and power.

Peace is an ever-evolving story, renewed for each generation.





Reverend Martin Luther King Jr.

Martin Luther King Jr., a Baptist minister and activist, became a central figure in the non-violent fight against racial segregation and discrimination in the United States. Inspired by his faith and Mahatma Gandhi's teachings, his unwavering commitment to justice transformed America and resonated globally.

Born in Atlanta, Georgia, in 1929, King followed his father's path into ministry, pursuing theological studies and ordination. His ministry combined spiritual renewal with social justice advocacy.

King's leadership extended beyond Atlanta, connecting with congregations in major cities and collaborating with diverse Black activists, entertainers, and spokespeople, unifying voices for civil rights.

King's advocacy for non-violent resistance and his eloquent articulation of the struggle for equality gained international recognition. In 1964, he received the Nobel Peace Prize for his "non-violent struggle for civil rights." His writings, including "Letter from a Birmingham Jail," became essential texts in the fight for justice.

In 1963, King delivered his iconic "I Have a Dream" speech at the March on Washington for Jobs and Freedom, inspiring millions with hope and galvanizing support for equality.

- *"Darkness cannot drive out darkness; only light can do that. Hate cannot drive out hate; only love can do that."*
- *"I have decided to stick with love. Hate is too great a burden to bear."*
- *"The ultimate measure of a man is not where he stands in moments of comfort and convenience, but where he stands at times of challenge and controversy."*
- *"We must accept finite disappointment, but never lose infinite hope."*
- *"Faith is taking the first step even when you don't see the whole staircase."*



Zhou Enlai

Zhou Enlai, the first Premier of the People's Republic of China and Minister of Foreign Affairs, played a pivotal role in shaping China's foreign policy during the Cold War era. His diplomatic acumen and unwavering commitment to peace made him a key figure in navigating complex international relations.

Zhou Enlai championed the Five Principles of Peaceful Coexistence, emphasizing mutual respect, non-aggression, and non-interference in international relations. He promoted these principles at the Bandung Conference, fostering cooperation among Asian and African nations.

Zhou Enlai's diplomatic skills were evident during the Xian Incident, where he successfully negotiated the release of Chiang Kai-shek, demonstrating his ability to bridge political divides.

In the 1970s, Zhou Enlai played a crucial role in thawing Sino-American relations. He facilitated the Shanghai Communiqué and "Ping Pong Diplomacy," initiating a new era of cooperation. Zhou Enlai's contributions extended to the Geneva Conference, where he helped negotiate a ceasefire in the First Indochina War, exemplifying his commitment to peaceful resolutions.

Throughout his career, Zhou Enlai consistently promoted peace and understanding, advocating for diplomacy and cooperation among nations, leaving a lasting legacy as a champion of a more harmonious world.

"The Five Principles of Peace:

- 1. Mutual respect for each nation's territorial integrity and sovereignty*
- 2. Mutual non-aggression*
- 3. Mutual non-interference in each other's internal affairs*
- 4. Equality and mutual benefit*
- 5. Peaceful co-existence"*

"If these principles were applied not only between various countries but also in international relations generally, they would form a solid foundation for peace and security, and the fears and apprehensions that exist today would give place to a feeling of confidence..."



Nelson Mandela

Nelson Mandela, a towering figure in the global struggle for human rights and racial equality, dedicated his life to dismantling South Africa's oppressive apartheid system and forging a new era of unity and reconciliation.

Joining the African National Congress (ANC) in the 1940s, Mandela actively opposed apartheid, leading to his imprisonment for 27 years. Despite this confinement, he emerged with a spirit of forgiveness and reconciliation.

Engaging in negotiations with President F.W. de Klerk, Mandela helped usher in a peaceful transition to democracy, dismantling apartheid. In 1993, they jointly received the Nobel Peace Prize.

As South Africa's first democratically elected president, Mandela championed a comprehensive peace and reconciliation process, establishing the Truth and Reconciliation Commission to heal the wounds of the past.

Mandela's influence extended beyond South Africa, becoming a respected voice in the Non-Aligned Movement, advocating for developing nations and promoting global peace.

Throughout his life, Nelson Mandela embodied the ideals of justice, forgiveness, and unity. His unwavering commitment to racial equality and his pursuit of peace transformed South Africa and inspired countless individuals worldwide. He remains a beacon of hope, demonstrating the power of the human spirit to overcome adversity and create a more just and equitable world.

- *"It always seems impossible until it's done."*
- *"For to be free is not merely to cast off one's chains, but to live in a way that respects and enhances the freedom of others."*
- *"Do not judge me by my successes, judge me by how many times I fell down and got back up again."*



Queen Lili'uokalani

Queen Lili'uokalani, the last reigning monarch of the Kingdom of Hawai'i, embodied resilience and cultural preservation in a time of American expansion. Her life was defined by a deep love for her people, artistic passion, and unwavering commitment to justice.

Born into Hawaiian royalty in 1838, Lili'uokalani was raised amidst rich traditions and cultural heritage. She excelled in music, arts, and literature, composing beloved songs, including the iconic "Aloha 'Oe."

In 1891, Lili'uokalani ascended to the throne; however, her reign was cut short by American business interests and the U.S. military, who overthrew the monarchy and annexed the islands.

Despite being forcibly deposed and imprisoned in 1893, Lili'uokalani remained steadfast in her commitment to non-violence, urging her people to seek peaceful restoration of sovereignty.

After a year of imprisonment, Lili'uokalani continued advocating for her people and their culture, traveling widely and engaging in charitable causes to preserve Hawaiian traditions.

Her unwavering commitment to non-violence and dignified response to injustice inspired leaders like Sun Yat-Sen, Mahatma Gandhi, Martin Luther King Jr., and Nelson Mandela, influencing their philosophies of moral power and non-violent resistance.

Lili'uokalani's life stands as a testament to resilience, cultural preservation, and the pursuit of justice through peaceful means. She is revered for her love of her people, artistic talents, and unwavering commitment to her nation's sovereignty.

*I live in sorrow, imprisoned
Still, I see light, I feel strong and supported
Do not be angry about the errors of man
But forgive and cleanse
So, I ask the universe — protect us beneath your wings
Let peace be our reward, now and forever more*

...from the Queen's Prayer



Mahatma Gandhi

Mohandas Karamchand Gandhi, known around the world as "Mahatma" (great soul), was the preeminent leader of India's independence movement, who transformed the nation and inspired generations with his unwavering commitment to non-violence, ahimsa, and self-determination. His life's journey, marked by profound spiritual growth and unwavering activism, left an indelible mark on the world stage.

Shaped by his legal training in South Africa, where he witnessed racial injustice, Gandhi developed his philosophy of satyagraha, a non-violent resistance rooted in truth and love. Deeply influenced by Hindu philosophy, he embraced simplicity and self-discipline.

Gandhi advocated for India's independence from British rule, leading mass protests and civil disobedience campaigns. His unwavering commitment to ahimsa, a strict non-violence extended to all living beings, became the cornerstone of his movement, empowering followers to resist oppression without violence.

His wife, Kasturba Gandhi, shared his commitment to social justice and ahimsa. Close associates, including Jawaharlal Nehru and Sardar Vallabhbhai Patel, played crucial roles in the independence movement. His son, Arun Gandhi, carries forward his legacy.

Gandhi's mastery of resonant symbols, such as the Salt Tax March, captured the imagination of the masses and amplified his message. The Salt Tax March, a protest against the British salt tax, demonstrated the power of non-violent resistance.

Even Gandhi's colonial adversaries respected his integrity and moral authority. While they often disagreed with his methods, they recognized his sincerity and commitment to peace.

Gandhi's influence extended beyond India's borders, inspiring leaders like Martin Luther King Jr. and Nelson Mandela, who adopted his principles of non-violent resistance in their respective struggles for civil rights and against apartheid.

- *"The weak can never forgive. Forgiveness is the attribute of the strong."*
- *"An eye for an eye only ends up making the whole world blind."*
- *"There is no way to peace. Peace is the way."*



Mother Teresa

Mother Teresa, a beacon of compassion, dedicated her life to alleviating the suffering of India's poorest and marginalized, embodying love and empathy.

Born in Skopje, Macedonia, in 1910, Mother Teresa felt a calling to religious life from a young age. At 18, she joined the Sisters of Loreto and embarked on a journey to India, where she would spend most of her life serving the destitute.

In 1950, she founded the Missionaries of Charity, a religious order dedicated to serving the poorest of the poor. With a small group of nuns, she established a home for the dying in Calcutta, providing care and dignity to those often overlooked.

Her work extended beyond the hospice walls, tirelessly seeking out those in need throughout Calcutta's slums. She cared for the sick and dying, comforted abandoned children, and provided food and shelter to those with nowhere else to turn.

Her unwavering commitment earned her global recognition. In 1979, she received the Nobel Peace Prize for her "work for bringing help to suffering humanity." She received numerous other honors, including India's highest civilian award, the Bharat Ratna.

Despite international acclaim, Mother Teresa remained humble and focused on her mission. She became a powerful advocate for peace, speaking out against violence and injustice. Her voice carried moral authority, and she was often sought out by world leaders for her wisdom and guidance.

Mother Teresa's legacy extends far beyond her lifetime. Her Missionaries of Charity continue to serve the poor in over 130 countries, carrying on her mission of compassion and selfless service. She remains an inspiration to millions worldwide, a symbol of love, empathy, and unwavering dedication to humanity.

- *Love begins at home, and it is not how much we do...but how much love we put in that action."*
- *"If you judge people, you have no time to love them."*
- *"Not all of us can do great things. But we can do small things with great love."*



Chief Arvol Looking Horse

Chief Arvol Looking Horse, the 19th Generation Keeper of the Sacred White Buffalo Calf Pipe Bundle, is a revered spiritual leader dedicated to preserving his people's traditional way of life and advocating for peace, justice, and environmental harmony.

Rooted in ancestral wisdom and a deep connection to nature, his journey has made him a powerful voice for Indigenous rights and a beacon of hope for a more balanced world.

Born on the Cheyenne River Indian Reservation in 1954 into a lineage of spiritual leaders, Arvol Looking Horse was entrusted at a young age with the sacred responsibility of safeguarding the White Buffalo Calf Pipe Bundle, representing his position as a spiritual guide and protector of his people's traditions. He teaches the importance of living in balance with Mother Earth, respecting the sacredness of all living beings, and honoring the interconnectedness of all things.

Chief Arvol Looking Horse has traveled extensively, spreading a message of peace and unity. He advocates for protecting sacred places and strengthening relationships between humans and the natural world.

In 1996, Chief Arvol Looking Horse initiated the annual World Peace and Prayer Day on the summer solstice, inviting people of all faiths and nations to pray for the Earth. In 1993, he attended the United Nations' "Cry of the Earth" Conference in New York and gave the opening prayer alongside elders from various nations. In 1998, he addressed the United Nations on the topics of sacred sites and religious freedom. This was the first time that a U.N. representative took note and brought issues related to Indigenous religious freedom for discussion to the U.N. in Geneva, Switzerland.

His unwavering dedication to preserving his people's traditions and promoting harmony among all beings has made him a respected leader and a symbol of hope for a more balanced and respectful world.

"It's everyday life for us that we hold Grandmother Earth sacred, we hold the trees and the plants, everything has a spirit. We need people to be really respectful for each other. The Great Spirit put us here all together. If we're going to survive, we need to have spirit and compassion. We're asking people to go to their sacred places or sacred spaces to pray."



Report and Update from the Zhou Enlai Peace Institute

China and the United States

Beginning in mid-August 2023, through mid-October, the founders of the Zhou Enlai Peace Institute attended a **series of meetings in Beijing** at the invitation of young business leaders, researchers and government officials.



For 12 years, the Peace Institute has sponsored many public, academic and media events, both in China and in the U.S., at sites ranging from the United Nations to the Nixon Library, from the Hawaii State Capitol to APEC, from the Ministry Foreign Affairs in Beijing to a National Memorial in Jiangsu Province, to Nankai University, to Shanghai Academy.

All events have had a common theme: friendship and cooperation between people in the United States and China. Background, with images, essays and video, are available for review at <http://www.zhouenlaipieceinstitute.org>



Because of this long proven shared experience, trusted friends in China are asking for advice today from the Zhou Enlai Peace Institute: "**How can we establish a setting of mutual trust and respect, based on friendship and joint responsibility, between China and the U.S**"?

The meetings in Beijing established several principles:



1. **People's diplomacy** is the most practical immediate way to set the two nations on a renewed path of confidence.



2. **Actions that support** formal diplomatic, trade, academic, technology and security relations but are independently directed were discussed.



3. **With heart-to-heart connection** among ordinary Chinese and American people, experienced as stories, presentations and arts that people of all ages and stages can share, confidence has a chance to flower.



4. **A resilient and durable alliance** between the two great powers, working within established channels like APEC, the Olympics and the United Nations and supported by people's diplomacy, opens the door to resolution of many global issues.



5. **Priority is urgent**, and has already begun, through private discussions, and through the luncheon on November 11, 2023, where invited peacemakers and leaders gather to tell stories, listen, feel and understand, and ask the guidance of Heaven on our work.



The Five Principles of Peace

China's perception of the world is rooted thousands of years deep in Confucian culture, as officially recognized by China today.

In late 1953, Zhou Enlai, who was then both Premier and Foreign Minister and a veteran general in the struggle for the New China, synthesized this philosophy in five simple expressions, which came to be known as the Five Principles of Peace.

In the Beijing discussions with the Zhou Enlai Peace Institute, the Five Principles were acknowledged as fundamental to China, in the same way that the United States Constitution is fundamental to America.

The question Zhou posed to himself, in the winter Beijing darkness, seeing multiple global struggles that had recently devastated the world and with more struggles looming, was:

"Is there anything that all people can agree upon, some simple idea that is easily grasped by all, that could serve as the foundation of peace for all, regardless of their specific national, economic, racial, historic, cultural and military positions?"

His answer:

1) Mutual respect for each nation's territorial integrity and sovereignty.

土 Earth; our root and beginning — the primary element, our birth and source, the land upon which we walk.

2) Mutual non-aggression

金 Metal; generated from the earth, it rises in infinite varieties of self-expression. The individual self is creative and powerful, when it is balanced with the importance of our larger self — in society, humanity and nature.

3) Mutual non-interference in each other's internal affairs.

水 Water; generated from metal. Water flows around all obstacles, humbly seeking the lowest position, with great power to form change in the earth.

4) Equality and mutual benefit

木 Wood; generated from water. Wood is used equally by all to create wealth and shelter, with equality of opportunity, and generosity for all, regardless of whether they appear great or small.

5) Peaceful co-existence

火 Fire; which springs from wood, and fuses the other elements. Fire provides heat for the home, security for the family, light for the spread of knowledge, and inspiration for the soul.



The Five Principles were recognized by the United Nations, proved decisive in organizing the Bandung Conference of non-Aligned Nations, and were incorporated in the Charter of the World Trade Organization. They are the first topic analyzed and mastered by Chinese diplomats, for example at the Zhou Enlai School of Government at Nankai University.

(The association of the Five Principles with the Five Elements of Chinese philosophy was made for the Zhou Enlai Peace Institute through a collaboration between Xiaofang Zhou and T'ai Chi Master Huang Chungliang, who performed it in dance at the National People's Congress)

Understand the Five Principles of Peace: then, begin to understand China.



Peacemaker Resources

[Families of Peace](#)

[Heroes of Peace](#)

[Renewal of US-China Relations](#)

[Martin Luther King: I Have a Dream](#)

[Mother Teresa](#)

[Nelson Mandela](#)

[Mahatma Gandhi](#)

[Zhou Enlai: the Five Principles of Peace](#)

[The Eyes of Queen Lili'uokalani](#)

[Chief Arvol Looking Horse](#)

[Peacemakers, Governor John Waihee](#)

[Dance of the Five Principles](#)

[Enduring Effects of the Five Principles; Ghana, Turkey, Indonesia](#)

[Imagine: John Lennon](#)

from the Zhou Enlai Peace Institute

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2023 年11月11日，夏威夷州檀香山市
由周恩来和平研究院举办